

HOT TOPIC #24: May 28, 2020

COVID-19 updates from San Juan County around subjects on the minds of islanders

Three Critical Medical Updates

San Juan County Health & Community Services wants to share three simple but incredibly important pieces of information about healthcare in our community.

IF YOU'RE EXPERIENCING COVID SYMPTOMS, TALK TO YOUR MEDICAL PROVIDER ABOUT GETTING TESTED

Medical providers in the islands are able to test anyone with symptoms, regardless of age. If you have a fever or chills, cough, shortness of breath, new loss of taste or smell, nausea, sore throat, or diarrhea, please call a local medical provider and talk about being tested.

Being proactive about getting tested is a critical part of ensuring the health of the islands. And please remember, if you are feeling sick, stay home.

VACCINATE YOUR CHILDREN

Many people have steered clear of medical provider offices out of fear of COVID exposure. Safety precautions are in place. The risk of transmission at a provider office is extremely low, but the risk of not vaccinating your children is high. The best and easiest option is to contact your medical provider about scheduling an appointment, or contact San Juan County Health & Community Services at 360-378-4474 if you are unable to schedule with your provider.

DON'T PUT OFF MEDICAL CARE of ANY KIND

Medical providers are starting to increase visits as they gradually move to resume normal business. Safety precautions are in place so please don't postpone important healthcare including follow-up care or being seen for emergent conditions that have caught your attention or have you worried.

We are starting to see major impacts to overall health due to a reluctance to seek out care. Please know that our providers are ready to see you, and are actively taking steps to ensure your safety when they do.

THANK YOU

Keeping our eyes on overall community health is an important part of moving forward. Please don't hesitate to seek the care you need.